



Women's Health & Wellness Event

October 25, 2021

5:00 - 7:00 p.m.

Robert Strange Park - Field 2 located at 401 S 8th St, Wilmington, NC 28401

Highlights Include:

- Resources and education on: Common female health problems, healthy eating, simple ways to prioritize self-care for better health
- Guest speaker Ms. North Carolina Vera Morris followed by photo and autograph opportunity
- Mammography bus on site
- Chance to participate in Xtreme Hip Hop session on site with Carisa Iddings



NEW HANOVER COUNTY
HEALTH AND HUMAN SERVICES

