

**INSTRUCTIONS FOR UPPER ENDOSCOPY**

Patient Name \_\_\_\_\_  
 Physician Name \_\_\_\_\_ Phone: 910-763-1219  
 Date of Upper Endoscopy \_\_\_\_/\_\_\_\_/\_\_\_\_ Please arrive at \_\_\_\_\_ Location \_\_\_\_\_

Do you have Advanced Directives? \_\_\_\_\_ Yes \_\_\_\_\_ No

If Yes, please bring documents with you when you arrive for your procedure.

Are you allergic to LATEX? \_\_\_\_\_ Yes \_\_\_\_\_ No

Are you a diabetic? \_\_\_\_\_ Yes \_\_\_\_\_ No

**Are you taking blood thinners such as Coumadin, warfarin, Effient, Plavix, Pradaxa and/or Ticlid? If so, you must discuss dosing with your primary care physician.**

Stop Iron 7 days prior to procedure.

Your physician has scheduled you for an Upper Endoscopy. This involves passing a flexible tube into your stomach after your throat has been anesthetized and you have been provided with intravenous medication for sedation.

**FOLLOW THIS SCHEDULE:**

**AFTER MIDNIGHT THE NIGHT BEFORE THE PROCEDURE, DO NOT EAT, CHEW OR SMOKE.** You may have clear liquids up to 6 hours prior to the procedure.

**THE MORNING OF THE TEST:** Please take your blood pressure, seizure or heart medication with just a sip of water. If you are diabetic, you must discuss dosing with your doctors office.

The Endoscopy Center opens at 7:00 AM.

**\*\*\*\*\*Notice\*\*\*\*\***

*You must make arrangements for someone to come with you, WAIT for you, and drive you home. You will not be allowed to drive a car for the rest of the day. You will not be allowed to leave by any type of public transportation.*

*We recommend a responsible adult remain with you 24 hours after your procedure.*

*Please leave ALL valuables at home. Hanover Gastroenterology will NOT be held responsible for lost or stolen items.*

*If, for any reason, you cannot keep your appointment, please give 48 hours notice, otherwise you will be charged.*

Endoscopy Center  
 1415 Medical Center Drive  
 To cancel your procedure, please call 910-362-4391

If you have questions about your procedure or your prep, please contact your doctor's nurse at 910-763-1219