

NHRMC HEALTHY LIFESTYLES PLAN DRUG LIST | 2018

Please Note: All medications on this list are \$0 co-pay for Healthy Lifestyles Plan members. Drugs in BOLD are generics. Please note that brand-name drugs with FDA-approved generics will not be covered at a \$0 co-pay. Please refer to the MedImpact website for the most up-to-date information on drug classifications.

Diabetes-Injectables
Glucagen Kit
Glucagon Emergency Kit
Humalog (100/MI) (Cartridge)
Humalog (100/MI) (Vial)
Humalog Junior Kwikpen
Humalog Kwikpen U-100
Humalog Mix 50-50
Humalog Mix 50-50 Kwikpen
Humalog Mix 75-25
Humalog Mix 75-25 Kwikpen
Humulin 70/30 Kwikpen
Humulin 70-30
Humulin N
Humulin N Pen
Humulin N Kwikpen
Humulin R
Humulin R U-500 Kwikpen
Lantus Solostar
Lantus Vial
Trulicity
Victoza
Insulin Syringe/Pen Needle
Diabetes-Oral
glimepiride
glipizide
glipizide ER
glipizide-metformin
glyburide
glyburide-metformin
Janumet (sitagliptin-metformin)
Janumet XR (sitagliptin-metformin)
Januvia (sitagliptin)
Jardiance (empagliflozin)
Jentadueto (linagliptin-metformin)
metformin HCL
metformin ER
pioglitazone
pioglitazone-metformin

Tradjenta (linagliptin)
Depression
bupropion HCL, SR, XL
citalopram
fluoxetine
paroxetine
sertraline
venlafaxine HCL
venlafaxine ER
High Cholesterol
atorvastatin
ezetimibe
lovastatin
pravastatin
rosuvastatin
simvastatin
High Blood Pressure
acebutolol
amlodipine
amlodipine-valsartan
atenolol
benazepril
benazepril-hydrochlorothiazide
bisoprolol
bisoprolol- hydrochlorothiazide
candesartan
candesartan-hydrochlorothiazide
captopril
carvedilol
chlorthalidone
clonidine tablet
clonidine patch
diltiazem 12 HR ER
diltiazem 24 HR CD, ER
diltiazem HCL
doxazosin
enalapril
enalapril-hydrochlorothiazide
eplerenone
eprosartan

fosinopril
fosinopril-hydrochlorothiazide
furosemide tablets
guanfacine
hydralazine
hydrochlorothiazide
indapamide
irbesartan
irbesartan-hydrochlorothiazide
isradipine
labetalol
lisinopril
lisinopril-hydrochlorothiazide
losartan
losartan-hydrochlorothiazide
methyldopa
metoprolol succinate
metoprolol tartrate
metoprolol-hydrochlorothiazide
moexipril
moexipril-hydrochlorothiazide
nifedipine ER
olmesartan
olmesartan-hydrochlorothiazide
pindolol
prazosin
propranolol tablets
propranolol-hydrochlorothiazide
quinapril
quinapril-hydrochlorothiazide
ramipril
spironolactone
terazosin
toremide
trandolapril
triamterene-hydrochlorothiazide
valsartan
valsartan-hydrochlorothiazide
verapamil HCL, ER, SR

Free Blood Glucose Meter and Testing Supplies

We understand that managing your diabetes can be a challenge. To help you monitor your condition, we are excited to provide you with a blood glucose system at no charge. HLP members can select from two different preferred meter systems. After careful analysis **NHRMC selected Abbott Diabetes Care, the maker of FreeStyle and Precision brand products as the only supplier for your diabetic testing supplies.** NHRMC will only supply and provide support for Freestyle and Precision Xtra products. This includes test strips and lancets.

- FreeStyle Lite® meters
- FreeStyle Freedom Lite® meters
- Precision Xtra® meters
- FreeStyle Lite® test strips
- Precision Xtra® test strips
- Precision Xtra® Beta Ketone test strips



You should continue to use your current meter and testing supplies. Information about obtaining a FreeStyle or Precision meter and testing supplies will be provided in February. For questions, email Healthy.Lifestyle@nhrmc.org.

Insulin Pumps and Continuous Glucose Monitoring Supplies

These are covered at 100% coinsurance

For general questions or concerns, you can call the Healthy Lifestyles Plan Hotline at **667.7777**