

## Instructions for Administering Naloxone Auto-Injector

### Signs of an Opioid Overdose:

- Person does not respond when you call their name or shake them
- Breathing slows or stops
- Lips or fingernails turn blue or gray
- Skin is cold or clammy

### If you suspect an overdose:

- 1.) Call 911
- 2.) Give Naloxone
- 3.) Stay with the person
- 4.) Give rescue breaths (or do CPR if you know how)

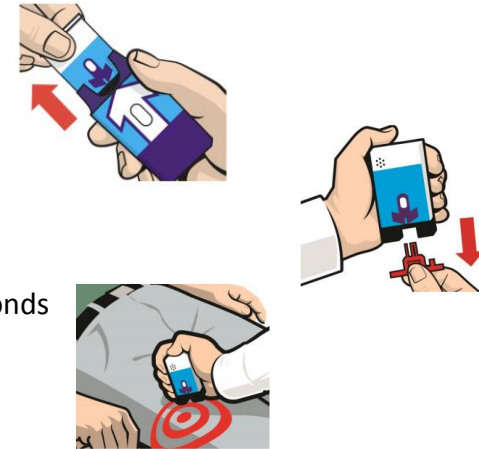
### How to get rid of unused opioids:

Permanent medication drop boxes are located at NHRMC: Outpatient Pharmacy, NHRMC ED North and Pender Memorial Hospital. Visit the website below or scan the QR code for additional locations in New Hanover and surrounding counties  
<https://www.nhrmc.org/medication-disposal>



### Giving Naloxone:

- 1.) Pull device out of outer case
- 2.) Once device has been removed from outer case, you will hear voice instructions from the device
- 3.) When ready to use device, remove red safety device
- 4.) Place black side of the device on the middle of the person's outer thigh (can be given through clothes)
- 5.) Press device down firmly and hold in place for 5 seconds (the device will count down for you)



If device has been used: black base will be locked into place and LED light will be red instead of green  
After receiving naloxone, the person may have signs of opioid withdrawal such as nausea, vomiting, muscle aches or agitation. These symptoms will go away as the naloxone wears off.

### How to get help if you need it:

**IF YOU NEED HELP** for substance abuse problems, talk with your primary care provider and call a local resource:

- **Coastal Horizons** – 910-790-0187
- **Trillium Health Resources** – 877-685-2415
- **Wilmington Treatment Center** – 910-758-2023
- **New Hanover Mobile Crisis Team** – 866-437-1821
- **Narcotics Anonymous** [www.na.org](http://www.na.org)
- **RHA Health Services** – 910-632-2191 or visit [www.rhabehavioralhealth.org](http://www.rhabehavioralhealth.org)
- **SAMHSA's National Helpline** – 1-800-662-HELP or visit <https://findtreatment.samhsa.gov/> to find a treatment center near you