For our patients with amputees: Where to turn for help

The staff at NHRMC Rehabilitation Hospital understands that patients and their loved ones have many questions and concerns as they adjust to different challenges resulting from an amputation. We are here to help answer those questions and address your concerns, so you can concentrate on the most important part of your journey – healing. Combining highly skilled clinical resources with an integrated course of rehabilitation treatment, NHRMC Rehabilitation Hospital is well-equipped and prepared to help you return to your daily life. To further assist you, we have compiled the following list of community and online resources available to amputee patients and their families.

**Amputee Support Group**

NHRMC Rehabilitation Hospital hosts **Amputees Sharing Knowledge** (A-S-K), an amputee support group, on the second Thursday of each month at 11:30 a.m. in the first floor classroom. For more information, please contact: Tamika Murphy, 910-667-5618

**Amputee Education and Information**

- Amputee Coalition of America  
  www.amputee-coalition.org
- Amputee Resource Foundation of America  
  www.amputeeresource.org
- American Amputee Foundation  
  www.americanamputee.org

**Local, Regional and National Services**

- **Disability Resource Center**  
  140 Cinema Drive, Suite C  
  Wilmington, NC 28403  
  910.815.6618  
  www.drcwilmington.org

- **NC 211**  
  *This service helps users find community health and human service resources.*  
  Dial 211  
  www.unitedwaync.org/nc-2-1-1

- **Disabled American Veterans**  
  4601 Park Ave.  
  Wilmington, NC 28403  
  www.dav.org

- **North Carolina Assistive Technology Program**  
  910.251.7078  
  www.ncatp.org

- **North Carolina Division of Vocational Rehabilitation Services**  
  910.251.5710  
  www.ncdhhs.gov/dvrs/

- **Department of Health and Human Services**  
  877.696.6775  
  www.dhhs.gov

- **National Institutes of Health**  
  301.496.400  
  www.nih.gov

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### Transportation

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
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<tr>
<td>Columbus Country Transportation</td>
<td>910.642.7201</td>
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<tr>
<td>Bladen Area Rural Transportation System (BARTS)</td>
<td>910.862.6930</td>
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<tr>
<td>Ivory’s Accessible Transport Service Inc.</td>
<td>910.264.9329, <a href="http://www.ivorytransport.com">www.ivorytransport.com</a></td>
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### Maintaining Health and Wellness

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<tr>
<th>Program</th>
<th>Contact Information</th>
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<tr>
<td>Ability Garden/New Hanover County Arboretum</td>
<td>910.798.7677</td>
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<tr>
<td>Wilmington Disabled Athletic Association</td>
<td>Timothy Corbett, 910.264.9329</td>
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<tr>
<td>National Alliance for Accessible Golf (Wilmington GAIN)</td>
<td><a href="http://www.accessgolf.org/gain/wilmington.cfm">www.accessgolf.org/gain/wilmington.cfm</a></td>
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<tr>
<td>Disabled Sports USA</td>
<td><a href="http://www.dsusa.org">www.dsusa.org</a></td>
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<tr>
<td>American Association of Adapted Sports Programs, Inc.</td>
<td><a href="http://www.aaasp.org">www.aaasp.org</a></td>
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<tr>
<td>Greater Wilmington Tennis Association</td>
<td>Todd Coxx, 703.887.3921, <a href="http://www.wilmingtontennis.com">www.wilmingtontennis.com</a></td>
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<tr>
<td>Oleander Rehabilitation</td>
<td>John Barkman, 910.667.8659</td>
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<td>Community User Program (CUP)</td>
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<td>The Community User Program is wellness program for people to maintain health and fitness. We offer a heated (88°F -92°F) salt water pool. Easy to use resistance, cardio equipment, personal training and instructor led pool and chair classes.</td>
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Amputees Sharing Knowledge (A-S-K)

You are invited to join the Amputees Sharing Knowledge (A-S-K). Please sign up for our notification list if you would like information on our programs and activities.

The group meets on the second Thursday of each month at 11:30a.m. – 1:00p.m. in the NHRMC Rehabilitation Hospital classroom, next to the front lobby. Family is also welcome!

Please contact Tamika Murphy at 910-667-5618. We look forward to seeing you!

Name  

Address  

City  State  Zip  

Phone Number  

Email address  

Topics you are interested in:

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