

For our patients with amputees: Where to turn for help

The staff at NHRMC Rehabilitation Hospital understands that patients and their loved ones have many questions and concerns as they adjust to different challenges resulting from an amputation. We are here to help answer those questions and address your concerns, so you can concentrate on the most important part of your journey – healing. Combining highly skilled clinical resources with an integrated course of rehabilitation treatment, NHRMC Rehabilitation Hospital is well-equipped and prepared to help you return to your daily life. To further assist you, we have compiled the following list of community and online resources available to amputee patients and their families.

Amputee Support Group

NHRMC Rehabilitation Hospital hosts **Amputees Sharing Knowledge (A-S-K)**, an amputee support group, on the second Thursday of each month at 11:30 a.m. in the first floor classroom. For more information, please contact: Tamika Murphy, 910-667-5618

Amputee Education and Information

**Amputee Coalition of
America**
www.amputee-coalition.org

**Amputee Resource
Foundation of America**
www.amputeeresource.org

**American Amputee
Foundation**
www.americanamputee.org

Local, Regional and National Services

Disability Resource Center
140 Cinema Drive, Suite C
Wilmington, NC 28403
910.815.6618
www.drcwilmington.org

NC 211
*This service helps users find
community health and human
service resources.*
Dial 211
www.unitedwaync.org/nc-2-1-1

**North Carolina Division of
Vocational Rehabilitation
Services**
910.251.5710
www.ncdhhs.gov/dvrs/

Disabled American Veterans
4601 Park Ave.
Wilmington, NC 28403
www.dav.org

**North Carolina Assistive
Technology Program**
910.251.7078
www.ncatp.org

National Institutes of Health
301.496.400
www.nih.gov

Department of Health and Human Services
877.696.6775
www.dhhs.gov

Transportation

WAVE Transit – Wilmington

910.343.0106
www.wavetransit.com

Brunswick Transit

910.253.7800
www.brunswicktransit.org

Pender Transit System

910.259.9199
www.penderpas.com/
transportation.php

Onslow Transit System

910.436.2998
www.onslowunitedtransit.org/
welcome.html

Bladen Area Rural Transportation System (BARTS)

910.862.6930

Columbus Country Transportation

910.642.7201

Pender Transport

910.675.9127
www.penderems.com/pts.htm

Ivory's Accessible Transport Service Inc.

910.264.9329
www.ivorystransport.com

Maintaining Health and Wellness

Ability Garden/New Hanover County Arboretum

910.798.7677

Wilmington YMCA

Dahlia Nir
Director of Health and Wellness
910.215.9622
www.wilmingtonfamilyymca.org

Miracle League/Access Wilmington

Jennifer Bell
910.508.6788
Chelsea Hall
910-685-1550
www.miracleleaguewilmington.org

Greater Wilmington Tennis Association

Todd Coxx
703.887.3921
www.wilmingtontennis.com

Oleander Rehabilitation

Community User Program (CUP)

John Barkman
910.667.8659

The Community User Program is wellness program for people to maintain health and fitness. We offer a heated (88°F -92°F) salt water pool. Easy to use resistance, cardio equipment, personal training and instructor led pool and chair classes.

Wilmington Disabled Athletic Association

Timothy Corbett
910.264.9329

National Alliance for Accessible Golf (Wilmington GAIN)

www.accessgolf.org/gain/wilmington.cfm

Disabled Sports USA

www.dsusa.org

American Association of Adapted Sports Programs, Inc.

www.aaasp.org

Amputees Sharing Knowledge (A-S-K)

You are invited to join the Amputees Sharing Knowledge (A-S-K). Please sign up for our notification list if you would like information on our programs and activities.

The group meets on the second Thursday of each month at 11:30a.m. – 1:00p.m. in the NHRMC Rehabilitation Hospital classroom, next to the front lobby. Family is also welcome!

Please contact Tamika Murphy at 910-667-5618. We look forward to seeing you!

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number _____

Email address _____

Topics you are interested in:

