**HOURLY Rounding**

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<th>Date</th>
<th>Name</th>
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**Department**

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<tr>
<th>Evaluator</th>
<th>Self Assess</th>
<th>Evaluator</th>
<th>Comments</th>
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<td>Yes</td>
<td>No</td>
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**Introductions**

- Knock on door prior to entering - ask permission
- Manage up your skill or that of your co-worker
- Use good eye contact

**Handwashing**

- Upon entry to room
- upon exit from room
- Provides explanation for washing hands

**Explain Hourly Rounding Upon Admission**

- Explain the purpose of hourly rounding (initial visit)
- Use key words "very good" care
- Describe rounding schedule (6a-10p q 1 hr, 10p-6a q 2 hr)

**Update White Boards**

- Place name on white board
- Update nursing plan of care/goals for patient
- Write desired pain level & when next pain medication due

**Address NHRMCs 4PS Pain...Position...Potty...Personal Effects**

- Ask patient how is their pain
- Ask patient if they are comfortable - turn patient as needed
- Ask patient if they need to use the bathroom
- Administer scheduled medications
- Move items within reach (table, call bell, phone, water)
- Declutter room, tables, trash on floor, ask about bathroom

**Perform Scheduled Tasks**

- Complete MD ordered treatments, procedures
- Complete nursing care as needed
- Administer scheduled medications

**Closing**

- Communicate when you will return
- Is there anything else that I can do for you before I leave?
- Document your rounding on white board

**Engagement Attributes:**

- Active Listening
- Non Multitasking
- Eye Contact
- Tone of voice
- Appropriate speed of speech
- Appropriate use of touch
- Appropriate use of humor/emotion
- Physical positioning - sitting, kneeling, etc.
- Energy mirrors the needs of the patient

Tip: Introduce hourly rounding to all new admissions and transfers