

## 2016 COBRA Rates

Rates reflect Monthly Premiums

Medical - BCBSNC	NHRMC Plan	Standard Plan
EE Only	\$ 569.90	\$ 870.08
EE / Children	\$ 845.78	\$ 1,211.51
EE / Spouse	\$ 1,243.98	\$ 1,366.85
Family	\$ 1,558.05	\$ 1,771.40

Dental - Ameritas	Dental Plan
EE Only	\$ 28.50
EE / Children	\$ 75.49
EE / Spouse	\$ 56.60
Family	\$ 110.51

Vision - CEC	Vision Plan
EE Only	\$ 11.14
EE + 1 Dependent	\$ 21.19
Family	\$ 30.41