

New Hanover Regional Medical Center

21-Day Reset Super Bowl Recipe Roundup

Dips

- [Roasted Red Pepper Dip](#)
- [Vegan Chipotle Queso](#)
- [Avocado and Mango Salsa](#)
- [Easy Guacamole](#)
- [Spinach Artichoke Dip](#)
- Any store-bought hummus

Finger Foods

- [Classic Veggie Tray with Homemade Ranch](#)
- [Crispy Brussels Sprouts with Lemon-Basil Aioli](#)
- [Buffalo Chicken Meatballs](#)
- [Garlic Lime Shrimp Skewers](#)
- [Honey Mustard Chicken Skewers](#)
- [Guacamole Devilled Eggs](#)
- [Spicy Garlic Edamame](#)
- [Cilantro Lime Shrimp Kebabs](#)
- [Carrot Fried with Curry Dipping Sauce](#)

Half Time Mains

- [Lemon Pepper Chicken Wings](#)
- [Rosemary Honey Mustard Chicken Wings](#)
- [Pad Thai Chicken Wings](#)
- [Spaghetti Squash Burrito Bowls](#)
- [Healthy Coleslaw](#)
- [Roasted Cauliflower and Lentil Tacos](#)
- [Burger Bites](#)
- [Fiesta Bean Salad](#)

- [Slow Cooker Meatballs with Marinara](#)
- [Hemp Crusted Chicken Tenders](#)
- [Roasted Buffalo Cauliflower Bites](#)

Anytime Munchies

- [Baked Kale Chips](#)
- [Chipotle Roasted Almonds](#)
- Fresh veggies
- Skinny Pop
- Unsalted Nuts

Sweets

- [Coconut Almond Butter Truffles](#)
- [Pineapple "Nice Cream"](#)
- [3 Ingredient Brownies](#)
- Fresh Fruit Bowl

Drinks

- [Pomegranate Mint Mocktails](#)
- [Sparkling Cranberry Kombucha Mocktail](#)
- [Strawberry and Mango Lime Sparkler](#)
- Sparking Water
- Water
- Unsweetened tea (green, herbal, black, etc.)