

## RN Amy H Has Taken Control of Her Money!

The team at SmartDollar, NHRMC's financial wellness benefit, had a chance to talk with RN Amy H. about her money journey and what she's been able to do since starting the program that's free for the entire team.

Having been with NHRMC for over 20 years, she's seen that *"New Hanover is always looking out for their employees and trying to help them—they're always doing amazing things for their employees."*

That's why, when 2020 threw some curveballs her way, she knew that New Hanover would be there to help. In fact, in January, Amy was faced with a scary reality that nearly forced her to sell her house. *"It was very, very stressful. I just wanted to give up, sell my house, and be done."*

But Amy remembered that New Hanover offered SmartDollar. *"When I was up against a wall, I logged back in to SmartDollar."*

*"I had zero dollars in savings when I started"* so Amy started watching the SmartDollar videos. *"They're not that long and they're easy for anybody to understand. You don't have to be a rocket scientist to get what it's telling you to do."*

She learned the importance of a budget and how easy SmartDollar makes budgeting through the included app, EveryDollar.

*"You just don't realize how much you actually spend until you put it in a budget. It helps you control your money and holds you accountable. Now I have money in savings, in my emergency fund"* and *"I'm not living paycheck to paycheck—that stress has gone away!"*

If you ask Amy what her favorite thing is, she'll tell you *"The biggest benefit by far is teaching my children at an early age the importance of a budget and watching your money."*

And what about the house, you ask?

*"Because I was able to pay off my small debts and work on the bigger and bigger debts, that was very rewarding. I was able to keep my house and not have to sell!"*

In the words of Amy, *"If New Hanover hadn't given this to me, I don't know where I'd be. Just look what this has done for me. Try SmartDollar, go log in. It's FREE."*

So what are you waiting for? SmartDollar's motivating content, easy to use tools, and the step-by-step plan that has helped millions of people is here for you to get started.

[Create your SmartDollar account today!](#)